		Route	Wick Thurso	Thurso Wick	Wick Thurso	Thurso Wick	Wick Thurso	Thurso Wick	Wick Thurso	Thurso Wick	Wick Thurso	Thurso Wick	Wick Thurso	Thurso Wick	Wick Thurso	Wick Thurso Via Castletown	Wick Thurso	Thurso Wick Via Castletown (Fastest 5)	Wick Thurso	Thurso Wick Via Castletown (Fastest 6)	Wick Thurso	Thurso Wick	Wick Thurso	Thurso Wick	Wick Thurso	Thurso Wick	Wick Thurso	Georgemas Wick Short Course	Wick Thurso	Thurso Wick	
		Winner and Time	WW 07:53	WW 17:12	WW 54:20	WW 08:11	WW 05:06	CCC 06:55	CCC 20:42	WW 10:17	WW 04:12	WW 06:25	CCC 22:12	CCC 30:36	CCC 16:04	CCC 30:17	CCC 42:54	CCC 31:24	CCC 27:47	CCC 40:27	CCC 31:53	CCC 17:57	CCC 03:40	CCC 09:03	WW 24:56	WW 12:41	CCC 28:22	WW 13:22	WW 09:04	WW 08:20	
		Year	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	
		Day	Mon	Tue	Wed	Thu	Sat	Tue	Mon	Tue	Sat	Fri	Sat	Tue	Tue	Fri	Tue	Fri	Tue	Sun	Tue	Thu	Tue	Sun	Sun	Sun	Sun	Sun	Sun	Sun	
Forename	Surname	Club	01/06/1992	01/06/1993	01/06/1994	01/06/1995	01/06/1996	01/07/1997	01/06/1998	01/06/1999	03/06/2000	01/06/2001	01/06/2002	01/07/2003	01/06/2004	03/06/2005	15/08/2006	01/06/2007	17/06/2008	27/09/2009	08/06/2010	09/06/2011	17/07/2012	25/08/2013	24/08/2014	23/08/2015	21/08/2016	03/09/2017	02/09/2018	07/07/2019	Quickest
Adam	Smith	CCC																												00:43:47	00:43:47
Aiden	Love	CCC																												00:41:57	00:41:57
Alex	MacDonald (Jun)	WW			01:12:03	00:43:27	00:57:28	00:51:27	01:01:43																						00:43:27
Alex	MacDonald (Sen)	WW				00:49:12	01:11:17	01:04:15	01:09:43	00:51:48		01:00:15			00:51:49																00:49:12
Alex	Ross	CCC			01:20:05	00:45:34	00:58:51	00:50:35	00:49:50				00:41:22																		00:41:22
Alison	Beales								01:03:14		01:03:44	00:52:55																			00:52:55
Alistair	Miller	CCC																											00:52:34	00:42:55	00:42:55
Alistair	Washington	CCC	00:42:01	00:52:44	00:55:22	00:40:27	00:51:46	00:50:50	00:57:32	00:46:21	00:56:24		00:50:35	00:52:05	00:39:33	00:42:52	00:54:14	00:55:34		00:47:25	00:45:48	00:51:07	00:54:06	00:53:06						00:45:32	00:39:33
Allan	Shearer	CCC																									00:49:23				00:49:23
Allan	Sutherland	CCC																			00:47:41	00:49:20	00:48:33	00:48:07	00:51:14	01:06:37	00:54:53				00:47:41
Alun	Arnold	WW										00:46:51										00:53:03	00:54:02		00:52:16	01:01:53			00:46:08	00:38:58	00:38:58
Andrew	Currie	CCC																											00:49:57		00:49:57
Andrew	Macleod (Hamper)	CCC																				00:53:19		00:46:40	00:49:11		00:50:38	00:38:08	00:42:48	00:35:28	00:35:28
Andrew	Richard	WW				00:49:56																		00:54:18	00:58:21	01:06:55	00:56:20	00:45:23	00:48:21		00:45:23
Angela	Alexander (Bain)	CCC																01:18:36	01:01:29			01:08:17									01:01:29
Angus	Crocket												00:57:56																		00:57:56
Angus	Henry	WW																									00:57:23	00:44:14	00:45:15	00:40:07	00:40:07
Austin	Hughes	CCC										00:47:50		00:48:33	00:38:51		00:49:47	00:52:06	00:44:40	00:44:25	00:43:08	00:48:49									00:38:51
Barry	Dace	CCC									00:57:40																				00:57:40
Ben	Arnold	WW																			00:48:57	00:49:52	00:56:42								00:48:57
Bill	Downie	CCC								00:49:00		00:57:42																			00:49:00
Brian	Grant	WW	00:45:02	00:59:41	01:01:44	00:41:09	00:55:08	00:50:53	00:56:07	00:44:10	00:58:51	00:49:50	00:50:52	00:53:12	00:42:22	00:44:11	00:55:57	00:57:55	00:49:59	00:48:10	00:46:11	00:47:50	00:52:39	00:52:32	00:57:21	01:11:49		00:50:23	00:53:29	00:45:15	00:41:09
Brian	Thompson	CCC	00:45:26		01:04:52																										00:45:26
Bronwen	Waters					00:54:41		01:03:08																							00:54:41
Bruce	Clark	CCC													01:01:00				00:59:32												00:59:32
Bruce	De Wert	WW																			00:58:19				01:15:05						00:58:19
C.	Gunn								01:04:13	00:55:48																					00:55:48
Calum	Swan									00:48:24																					00:48:24
Cameron	Earnshaw	CCC																							01:06:19	01:11:30	00:53:55	00:54:42			00:53:55
Charlie	Mackay	WW																01:01:53	00:48:01	00:49:01	00:45:11	00:52:51	00:53:47								00:45:11
Chelsea	Durrand	WW																									01:02:16			00:46:03	00:46:03
Chris	Oakley	WW	00:48:01			00:43:41	01:00:22	00:58:32	01:00:18	00:45:46		00:50:31	00:54:58	00:55:34		00:48:39	00:59:25		00:53:42		00:51:26	00:58:31					01:05:12		00:59:25	00:49:59	00:43:41
Chris	Sinclair				01:30:10	00:53:21	01:09:17																								00:53:21
Colin	Baxter	CCC																									01:01:13				01:01:13
Colin	Earnshaw	CCC																						00:57:28	01:02:19		00:56:38	00:49:03	00:50:44		00:49:03
Colin	Stone	CCC																			00:56:39										00:56:39
Craig	Gardener												01:05:22																		01:05:22
Danny	Miller	WW																							01:00:36	01:14:12			00:50:51	00:41:36	00:41:36
Darren	Bain	CCC																00:57:46	00:47:45			00:50:56	00:50:51								00:47:45
Darren	More		01:04:47																												01:04:47
Dave	Hall	CCC											00:52:40						00:54:08	00:50:27											00:50:27
David	Bain	CCC		01:12:38																											01:12:38
David	Gruar	CCC																01:12:43													01:12:43
David	McCarthy	WW																						00:50:20		01:02:18	00:48:46				00:48:46
David	Morril	CCC											00:53:58	00:53:40	00:40:40	00:42:26	00:55:26		00:48:21	00:46:25	00:43:39	00:47:43	00:49:11	00:51:02							00:40:40
David	O'Brien							00:57:27																							00:57:27
David	Robinson	CCC								00:46:55	01:02:41	00:51:30			00:43:31																00:43:31
David	Simpson	WW								00:45:13	00:59:36	00:51:32																			00:45:13
David	Smith							00:57:16	00:59:57		00:58:42																				00:57:16
David	Spencer	CCC															01:00:09		00:50:16			00:55:09		00:56:48			01:00:08				00:50:16
David	Stokan	CCC																									00:58:38				00:58:38
David	Sutherland	WW	00:51:47			00:46:02	01:04:02	00:54:41	01:01:40	00:44:59	01:00:17	00:50:07		00:54:44	00:42:56		00:57:35	00:56:57	00:49:23	00:49:09	00:46:47		00:55:40		00:59:43	01:10:36	01:02:56	00:48:31	00:54:53	00:46:48	00:42:56
David	Swanson	CCC	00:42:34																												00:42:34
David	Whitelaw						01:12:07																								01:12:07
Davina	MacCallum	WW																										00:56:06	00:54:52		00:54:52
Debbie	Larnach/MacGruer	CCC																									00:59:23		00:50:36	00:42:20	00:42:20
Debbie	Simmons	CCC																											00:56:48		00:56:48
Debs	Macleod	WW																					01:10:38								01:10:38
Don	Renwick			01:00:44		00:42:27	00:57:40	00:55:40																							00:42:27
Donald	McEwan	WW																							01:06:38						01:06:38
Eileen	Oag	CCC	00:56:30	01:10:00					01:12:15	00:49:28																					00:49:28
Emma	Downie	CCC								01:14:39		01:18:11																			01:14:39
Eric	Drummond	CCC	00:52:47	00:59:42			01:18:08																								00:52:47
Evan	Oliphant	WW			01:22:07	00:45:52	00:57:38	00:49:30	00:52:20	00:40:15	00:52:02	00:44:50	00:46:01	00:43:45																	00:40:15
Evan	Sutherland						01:07:13	00:55:05																							00:55:05
Fergus	Corsie	CCC				00:43:46	00:56:20	00:49:56	00:53:54																						00:43:46
Fiona	Bremner											01:06:42	01:08:44																		01:06:42
Fiona	Gove	WW																										00:57:08	00:58:51	00:49:26	00:49:26
Fiona	Harper							01:01:38																							01:01:38
Frank	Ribich		00:50:08																												00:50:08
Gail	MacDonald	CCC				00:48:07	01:05:57	00:57:37	01:00:42			00:56:20																			00:48:07
Gary	Angus	CCC						00:58:41			01:04:41					00:48:50										01:11:28					00:48:50
Gary	Paterson	CCC											00:49:43	00:51:55																	00:49:43
Gemma	Scott	CCC															01:05:24														01:05:24
Geogre	Robertson	WW			01:28:19																										01:28:19
George	Ewing	WW												01:00:04		00:47:30	00:59:21	00:59:06	00:50:31								00:58:57	00:47:54	00:54:31	00:45:02	00:45:02
George	Gibson	CCC				00:50:21																									00:50:21
Gordon	Macdonald (Jun)	WW	00:53:03	01:17:26																											00:53:03
Gordon	Macdonald (Sen)	WW	00:50:29	00:58:45					01:13:15																						00:50:29
Gordon	Robertson	WW																								01:13:10	00:56:33	00:48:43	00:50:10	00:43:16	00:43:16
Gordon (CCC)	Smart	CCC						00:55:59		00:44:35		00:51:14	00:51:42	00:59:36	00:41:21				00:48:09												00:41:21
Gordon (WW)	Smart	WW																					00:54:38	00:53:21	00:58:22						00:53:21
Graeme	Clyne	WW																			00:47:31	00:49:25	00:51:20	00:50:56	00:52:37			00:38:35		00:39:08	00:38:35
Graeme	Morgan	CCC																						00:56:33	01:04:00						00:56:33
Graham	Sinclair				01:08:00		01:03:42																								01:03:42
Hamish	Henderson	CCC				00:47:35																									00:47:35
Hamish	McAllan	CCC																								01:10:27	00:57:41	00:43:45	00:44:58		00:43:45
Heath	Mackay	CCC						00:51:15				00:49:08										00:51:35									00:49:08
Heidi	De Graaf										01:16:24																				01:16:24
Helen	McCarthy	WW																								01:16:59					01:16:59
Helen	Richard	WW																				00:56:04	01:01:10								00:56:04
Herbie	Hughes	CCC										00:49:02		00:48:04	00:38:57			00:56:55	00:50:07												00:38:57
Ian	Brown	CCC	00:48:28						01:00:39	00:44:14	01:01:54			00:55:59																	00:44:14
Ian	Clark	CCC	00:45:20		01:03:16	00:44:17	00:58:12	00:56:35	01:00:48	00:47:33	01:12:13	00:53:15	00:58:45		00:48:58	00:50:43															00:44:17
Ian	Clark	CCC																01:16:47													01:16:47
Ian	Eccles					00:46:01																									00:46:01
Ian	Nicolson	WW																							00:55:07	01:07:08		00:44:02	00:45:46	00:38:32	00:38:32
Ian	Robertson	CCC																DNF													
James	Boyle		00:55:55	01:09:04																											00:55:55
James	Ridehaigh	CCC																	00:47:55												00:47:55
James	Sinclair		00:45:32	00:58:14	01:02:27	00:44:43	00:55:49	00:54:35		00:49:55	01:05:22																				00:44:43
Jan	Hughes	CCC											00:58:15																		00:58:15
Jane	Cormack																01:07:26														01:07:26
Jennifer	Scott	WW																							01:02:24	01:17:48	00:59:20				00:59:20
Jeremy	Foster	CCC																				01:00:24									01:00:24
Jeremy	Stamburgh	CCC	00:44:30																												00:44:30
Jessica	Simmons	CCC																								01:44:58					01:44:58
Jim	Marshall	CCC		01:10:27		00:48:24																									00:48:24
Jimmy	Gunn	CCC		00:58:48		00:40:46		00:53:04		00:42:53	00:56:42		00:51:32																		00:40:46
Joan	Henry	WW																			00:53:00		00:58:40	00:54:57	00:59:09						00:53:00
Joe	Spencer	CCC																						00:53:15							00:53:15
Joe	Wright	WW																				00:57:47				01:17:30					00:57:47
John	Boyle		00:47:44	01:07:18																											00:47:44
John	Falconer	CCC		00:56:50		00:42:42	00:54:02	00:49:40	00:52:42	00:41:15	00:54:18	00:45:50	00:48:09	00:49:49	00:37:51	00:38:58	00:50:58	00:52:14	00:46:27	00:44:32	00:43:54	00:52:48	00:52:20	00:51:40	00:56:27	01:05:50	00:54:43	00:44:23	00:53:19	00:43:34	00:37:51
John	MacKenzie											00:56:45		01:15:48																	00:56:45
John	Paul			01:07:12				00:58:19																							00:58:19
John	Sinclair	CCC	00:52:29	01:07:04	01:12:28			01:00:06			01:12:00	00:54:17				01:09:50		01:07:26	00:59:45			01:03:57	01:08:49	01:03:52					01:09:04		00:52:29
John	Smith	CCC											00:59:33		00:42:46		01:02:17	01:03:16													00:42:46
Jonathan	Miller	WW																									01:04:44				01:04:44
Kait (K)	Farmer	WW								00:48:48									01:01:36	00:59:58		01:08:41		01:07:35							00:48:48
Karl	Drummond	CCC	01:05:56	01:21:26	01:27:02																										01:05:56
Keith	Smith	CCC											00:53:21	DNF	00:39:51	00:40:30	00:48:44	00:47:21													00:39:51
Kenny	Sutherland																01:08:32														01:08:32
Kevin	Farmer	WW																	00:53:17	00:55:40	00:52:19			01:00:07							00:52:19
Kevin	Graham										01:10:50																				01:10:50
Kevin	Grant					00:46:44		00:54:32			01:05:30				00:41:23																00:41:23
Kevin	Henderson	CCC																		00:52:37											00:52:37
Kyle	Mackay														00:54:29																00:54:29
Laura	Laine	WW																		01:03:00											01:03:00
Leslie	Mackay	CCC																									01:02:09	00:53:26	00:56:51	00:48:21	00:48:21
Leslie	Oliphant	WW				00:45:32	01:03:55	00:58:04				00:53:47	00:58:39		00:44:25	00:46:09	00:55:33	00:59:43	00:51:17			00:53:52									00:44:25
Lewis	Oliphant	WW				00:49:59	01:05:48	00:55:43	01:01:57	00:45:39		00:51:42	00:56:06																		00:45:39
Lisa	Coghill	WW																									01:16:23				01:16:23
Lorna	Stanger	CCC																		00:51:17	00:47:35	00:54:46	00:54:10								00:47:35
Louis	Morril	CCC											01:01:18	00:54:21																	00:54:21
Louise	Sinclair	WW																										01:07:39		00:52:31	00:52:31
Malcolm	Gray	CCC		01:01:11	01:05:31		01:01:55		00:54:17	00:46:19	01:00:08	00:48:46		00:57:28																	00:46:19
Marie	Scollay	WW	00:49:33	01:06:37	01:15:04																										00:49:33
Mark	Cannop	CCC												00:58:22	00:42:59																00:42:59
Mark	Macdonald				01:06:31			00:56:31																							00:56:31
Mark	Moddie	CCC																01:16:03	00:56:43												00:56:43
Mark	Munro	CCC																							00:53:49	01:13:22	00:58:53	00:45:50	00:52:22		00:45:50
Mark	Taylor																						00:46:44								00:46:44
Mark	Webster	WW																					00:56:08							DNF	00:56:08
Martin	Johnston	CCC								00:54:53	01:10:31	00:51:09	0054:53																		00:51:09
Martine	Hughes	CCC											01:04:13						00:57:46		00:54:14		01:04:47	01:03:11			01:11:31				00:54:14
Michael	Ruddick							01:05:46																							01:05:46
Michael	Sutherland	WW											00:54:11		00:42:22		00:57:00		DNF					00:54:14	00:57:37						00:42:22
Neil	Clyne	WW		01:00:09	01:04:53					00:45:19	01:11:20	00:55:48																			00:45:19
Neil	Smith	CCC																								01:20:27					01:20:27
Nick	Huyg	CCC																					01:02:17								01:02:17
Nicola	Miller	WW																								01:54:30					01:54:30
Norman	Bremner	WW		01:03:51		00:44:39		00:59:45	00:53:33	00:47:12			00:56:10		00:45:03									01:09:01							00:44:39
Norman	Maclennan					00:40:47																									00:40:47
Paul	Bremner	WW									01:02:45		01:14:02	01:02:05	00:53:57		01:11:58		00:55:17			01:01:28	01:01:55								00:53:57
Paul	Wolfenden							00:55:36																							00:55:36
Peta	Donnachie	WW																									01:11:31			00:53:45	00:53:45
Peter	Donnachie	WW																								01:28:01					01:28:01
Peter	Fenwick	CCC																			00:41:47	00:46:21									00:41:47
Peter	Sinclair		00:49:52																												00:49:52
Peter	Thomson													00:55:30																	00:55:30
Phil	Baker	WW																	00:57:29												00:57:29
Phil	Carwright	CCC										00:53:04	00:52:02	00:55:35	00:43:24		00:59:46		00:50:56		00:49:10	00:54:26		00:52:09		01:09:26	00:56:18	00:46:53		00:43:55	00:43:24
Philip	McCalumn	WW																								01:35:02		01:12:03			01:12:03
Ranald	Cartwright	CCC																	00:53:25		00:43:27	DNF									00:43:27
Raymond	Cardosi	CCC					01:04:06																								01:04:06
Raymond	Florence	CCC	00:45:09	00:58:56	01:00:25	00:44:10	00:58:03	00:55:25	0058:54																						00:44:10
Raymond	Macdonald	WW																						01:03:14							01:03:14
Rhoda	Kennedy	CCC																											00:48:17	00:40:37	00:40:37
Richard	Hunt	CCC																								01:12:02	00:58:47				00:58:47
Rob	Murdoch	CCC																		00:53:34	00:47:58	00:50:48	00:56:11								00:47:58
Robert	Aitken	WW																					00:59:20								00:59:20
Robert	Cormack	WW														00:56:29	01:09:56				00:55:07										00:55:07
Robert	MacGregor	CCC	00:47:25	01:05:47									00:55:04		00:44:50	00:47:55	01:00:15														00:44:50
Robin	Cameron	CCC	00:44:18	00:54:58	00:59:50		00:52:51	00:50:18			00:57:03	00:47:17																			00:44:18
Roger	Broughton	CCC																				00:57:50		01:03:17	01:07:06				00:51:52	00:45:05	00:45:05
Roger	Toswill	CCC																	00:52:13					00:57:08							00:52:13
Ruard	Erridge	WW																			00:50:30			00:55:43							00:50:30
Sandy	Christie	CCC																	00:56:14				00:58:33	00:58:46			00:59:53			00:42:52	00:42:52
Sandy	Crawford	CCC										00:52:02																			00:52:02
Sarah	Wylie													01:04:16																	01:04:16
Sean	Fraser	CCC							00:53:37									01:10:12	00:58:56												00:53:37
Stephanie	McNeil	WW																							01:06:09		01:04:36	00:53:23			00:53:23
Stephen	Brown		01:10:55																												01:10:55
Stephen	McNeil	WW																								01:23:16					01:23:16
Steve	Beales								00:53:37		00:53:25																				00:53:25
Steven	Fraser	CCC								00:53:02	01:21:28	00:54:13										01:01:55					01:01:22	00:57:49			00:53:02
Stewart	Coulden-Smith	CCC																		00:53:52											00:53:52
Stuart	Brown		00:50:02																												00:50:02
Stuart	Phillips	WW	00:52:40	01:14:08		00:45:56		00:59:42		00:49:36	01:16:03	00:58:36	DNF																		00:45:56
Stuart & Jeanette	Hamilton	CCC								00:42:52	00:57:07																				00:42:52
Stuart (Stewart)	Anderson	WW																				00:51:39	00:49:21	00:51:06	00:53:20			00:39:15	00:45:09	00:38:21	00:38:21
Suzanne	Calder											01:00:50	01:04:01	01:03:04																	01:00:50
Toby	Dobbs	WW																										00:45:54			00:45:54
Tom	MacDonald	CCC			01:05:37		00:54:53	00:49:57	00:53:18			00:56:38																			00:49:57
Tony	Banks					00:47:44																									00:47:44
Wendy	Scollay	WW	00:56:16																												00:56:16
Willie	Miller	WW						00:51:41		00:43:27	01:00:18	00:48:12	00:51:39																		00:43:27
Willie	Robertson												00:56:07		00:47:29																00:47:29
Willie	Sinclair	WW																						00:53:58							00:53:58
Yvonne	Richard	WW																											00:50:50		00:50:50
		Entries	29	25	20	30	26	37	25	29	29	34	32	23	24	13	20	19	30	15	23	31	26	29	23	25	31	24	27	28	