

The CONSTITUTION of CAITHNESS CYCLING CLUB. (Amended 1st August 2017)

1. TITLE

The club will be called the "Caithness Cycling Club" (Founded February 1963), hereinafter referred to as the "Club".

2. OBJECTS

To encourage and foster all forms of cycling, including the promoting and organising of all forms of racing. To this end the club will affiliate to Scottish Cycling and Scottish Cycling (North).

3. MEMBERSHIP

- a. Membership will be open to all interested in cycling who adhere to the rules of the club.
- b. The annual membership fee will be as decided at the Annual General Meeting. This will be payable at the time of joining and thereafter on 1st January, or immediately after the AGM if this is later than 1st of January. Those joining on or after 1st October will be exempt from paying subscriptions until the following January.

4. OFFICIALS

- a. The Club Committee will normally consist of the following club officials:

CHAIRMAN
VICE CHAIRMAN
SECRETARY
TREASURER
MINUTE SECRETARY
TIME TRIAL SECRETARY
MEMBERSHIP SECRETARY
PRESS SECRETARY
CHILD PROTECTION DESIGNATED OFFICER
TOURING SECRETARY
MOUNTAIN BIKE SECRETARY
JUNIOR REPRESENTATIVE

No official will be asked to stand for the same office for more than one year. However, an official can volunteer, then be proposed to remain in office.

Each office should be as clearly defined as possible, i.e. where possible terms of reference should be available. Committees with vague areas of responsibility should be avoided, e.g. Racing committees.

The committee will be empowered to co-opt members onto the committee to fill vacancies.

- b. There will in addition be an Auditor who will audit the accounts of the club prior to each AGM.
- c. All officials will normally be elected at the club AGM.

5. MEETINGS

- a. The AGM of the club will normally be held in November, January or February. Additional meetings will be called as or when required or upon the request of at least three members.
- b. The agenda for the AGM will be:

Notice of Meeting
Apologies for Absence
Minutes of Previous AGM
Matters arising from Minutes

Annual Reports for the Club:

Chairman
Secretary
Treasurer
Time Trial Secretary
Press Secretary
Touring Secretary

Matters arising from Annual Reports
Alterations/Additions to the Constitution
Election of Officials
Club Fee for Next Year
Nominations for Sports Council "Sportsman of the Year" and "Sportswoman of the Year"
Other Competent Business

6. STANDING ORDER FOR MEETINGS

- a. A motion or amendment will be seconded immediately after the mover's speech.
- b. If more than one amendment is proposed to an original motion, the amendments will, having all been clearly stated, be set against the motion in turn.
- c. It will be competent at any time for any member to move formally:
- d. That the question now be put.
- e. That the meeting proceed to the next business.
- f. Voting will in general be by a show of hands by those present and eligible to vote. Changes to the club constitution and rules will require a two-thirds majority, i.e. $\frac{2}{3}$ in favour at a general meeting of the club. All other matters to be decided by a simple majority. In the event of a tie in the voting the chairman (normally without voting powers) may make the casting vote.
- g. Only fully paid-up members can vote at any club meeting.
- h. A quorum of 50 per cent or 7, whichever is the less, will be necessary before any rules of the club or changes to the constitution can be made. This can only be done at an AGM or Extraordinary General Meeting (EGM), and with advanced notification of 14 days.

7. INCOME

The income of the club shall be solely used for furthering the objectives of the club and for no other purpose.

8. DISSOLUTION

In the event of dissolution of the club any assets remaining after settlement off all debts and liabilities shall not be paid or distributed among members but shall be given or transferred to a recognised charitable organisation(s) having similar objects to those of the club.

9. CLUB RUNS

- a. The club runs will be conducted in an orderly and safe manner. The committee will be empowered to take such action as they consider necessary against members breaking this rule.
- b. The runs organiser will be the sole judge as to whether or not a bicycle is a fit and roadworthy condition before taking part in a club run.

10. RULES OF RACING

- a. The rules of Scottish Cycling and Scottish Cycling (North), plus any other organisation to which we may affiliate, will be adhered to for racing.
- b. The clubs colours will be shown on the club web site.
- c. No one may ride in club colours in open events unless he or she is a fully paid-up member of the club.
- d. The club annual Best-All-Rounder BAR) competitions will be based on a rider's best times for the season at specified distances. These times are then converted into speeds and averaged. Youth BARs are based on a rider's two best times at 10 miles and best time at 25 miles. Junior, Senior (Female) and Senior (Male) BARs are based on best times at 10, 25 and 50 miles.
- e. For club events a new rider is allowed up to three races before membership is necessary. These three may count towards any club competition.
- f. After three races a rider is ineligible to ride a fourth race unless a paid-up member. If through oversight or other reasons a rider does compete in a race for which he is ineligible, the times are invalid for club competitions.
- g. For other club competitions, e.g. Tourist Trophy, or Place to Place Records, etc, rides are only valid if performed by a paid-up member.
- h. Second Claim Members will not be eligible for club awards.

11. CAITHNESS CLUB TROPHIES

a. CLUB CONFINED

YOUTH POINTS CUP.

Awarded on a points basis for club 10-mile time trials. For "N" Youth Finishers, the fastest will receive "N" points, the last, 1 point. Eligibility: Under 16 years on the day of the race.

HANDICAP LEAGUE CUP. (*Norman D. Smith Trophy.*)

To the winner of the Handicap League.

FASTEST "25" (*Washington shield*)

Awarded for the fastest 25m TT in a club or SC(North) event.

ROAD RACE CUP. (*Washington Trophy*)

Awarded by the committee.

TRACK CUP. (*Victor Polanski Trophy.*)

Awarded by the committee

HILLCLIMB PLATE.

To the winner of the club Hillclimb.

YOUTH BEST ALL ROUNDER CUP

Based on a rider's two best times at 10 miles and best time at 25 miles. Confined to club and SC(North) events. Eligibility: Under 16 years on the day of the race.

JUNIOR BEST ALL ROUNDER CUP (*The Thurso Citizens Association trophy*)

Based on a rider's best times at 10, 25 and 50-miles. Confined to club and SC(North) events. Eligibility: To the end of the year in which a rider is 18 years old.

LADIES BEST ALL ROUNDER CUP. (*The Leisure Activities Trophy.*)

Based on a rider's best times at 10, 25 and 50-miles. Confined to club and SC(North) events.

SENIOR BEST ALL ROUNDER (*Mack Mowat Trophy.*)

Based on a rider's times at 10, 25 and 50 miles. Confined to club and SC(North) events.

TOURIST OF THE YEAR SHIELD

Awarded to the person who has done the most for touring during the year, either as a tourist or as an organiser.

CLUB MEMBER OF THE YEAR. (*Drummond Shield.*)

To the club member of the year. Awarded by the committee.

TOUR D'ORKNEY

Awarded for a special effort on the day. Awarded by the committee.

JUNIOR ROAD RACE (*Haygarth Cup*).

Awarded to the first Junior in a nominated road race.

Eligibility. To the end of the year in which a rider attains 18 years.

CLAYMORE CUP

Awarded to the winner of a nominated road race.

b. OPEN.

MACK MOWAT ROSEBOWL

Awarded to the winner of the Mack Mowat Memorial 25-mile time trial.

c. CLUB MEDALS

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|--------------------|--|
| a) Fastest 25 | 1st, 2nd, 3rd. Senior, Junior, Youth. Club or SC(North) event. Male + Female |
| b) Fastest Club 10 | 1st, 2nd, 3rd. Senior, Junior and Youth. Male +Female. |
| c) Handicap League | 1st, 2nd, 3rd. |
| d) Hillclimb | 1 st , 2 nd , 3 rd . Male +Female. |
| e) BAR | 1st, 2nd, 3rd. Senior, Junior and Youth. Male +Female. |
| f) Ladies Cup | 1st, 2nd, 3rd. |

12. RULES FOR THE CLUB HANDICAP LEAGUE

- a. All club confined time trials organised are included.
- b. For club "10's", placing's are to be decided in a "club handicap system". (See below.) The first place is awarded 6 points through to 1 point for 6th place. If there are less than 6 riders first place starts at 6 points, to encourage competition in adverse conditions.
- c. For other club time trials points are awarded by the Time Trial Secretary.
- d. Points may be awarded to timekeepers and marshals.
- e. Handicap Times are the rider's best time in the current season except for:
 - i. a rider's first race in the season when his best time the previous season (or the last season in which the rider complete, if this is within the last three years) is used.
 - ii. a new rider or one who has not raced for three years when points are not awarded for the first race.
- f. Maximum points are awarded to the rider who performs best compared to their handicap time.
- g. At the end of the season medals are awarded to 1st, 2nd and 3rd places.

End