



# Risk Assessment

Course/Road(s) Assessed: **WN13/01**

Course: **CCC 13m Mount Pleasant Hilly**

Date of Assessment/Review: **12/02/2019**

Name of Assessor: **Committee**

**Course Description:** Caithness Cycling Clubs 13m Mount Pleasant Hilly course.

Start at the left-hand side of the railings at the crossing over to Mount Pleasant School on the A836 (Thurso to Castletown).

At 0.09 mile turn left and proceed for 5.73 miles to the Castletown/Durran junction.

Turn Left and continue for 2.81 miles and turn left and proceed for 0.5 miles and turn Left at the Crossroads.

Continue for 2.36 miles and turn right continuing to the Finish at the Telegraph Pole on the right hand side of the road at 13 miles.





**Traffic Flows:** The course is a circuit.

The first 0.39 miles are in a built up area, then the rest of the course is on Single Track Roads.










**Course/Event History:** This course has been used regularly for over 5 years.





## Key Identified Risks

Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
Miles 0.0 	Start Located at the left-hand side of the railings at the crossing over to Mount Pleasant School	Traffic	Med	Signage to warn traffic. Start coned off. Timekeeper. Marshall to push off competitors. Marshalls to wear HiVis.
Miles 0.09 	Turn Left onto Mount Pleasant Road.	Left turn	Low	Signage to warn traffic approaching the course. Marshalls to warn traffic approaching the course. Marshalls to wear HiVis.

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Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
Miles:- 0.09 to 0.34 <b>Warning</b>	<b>Warning:-</b> This is a built-up area. There are 4 crossroads followed by 4 left junctions (+1 right) as you climb the hill to the end of the 30 MPH speed limit.	Pedestrians and vehicles	Low	Cyclists to observe Highway Code and be aware of pedestrians and vehicles.
Miles 0.13 	Pedestrian Crossing	Hazard to cyclist & pedestrians	Med	Cyclists to observe Highway Code and give way to pedestrians
Miles 0.34 	End of 30 mph speed limit		N/A	No action required
Miles 0.34 	Single Track Road to the finish – Un-named Road	From this point to the finish the course is on Single Track roads	N/A	No action required
Miles 2.72 	Castletown turn off – go straight ahead	Minor road turnoff	Low	Minor road turn off – (No action required)
Miles 3.18 	Left Hand Bend with junction on the right Keep left.	Minor road junction	Low	Minor road turn off – (No action required)
Miles 5.82  	Give Way and turn Left onto Castletown/Durran road.	Left turn onto minor road. Single track road. Traffic on road that is being joined has the right of way.	Med	Signage to warn traffic approaching the course. Marshalls to warn traffic approaching the course. Marshalls to wear HiVis.
Miles 7.14 	Warning - Left Hand bend.	Sharp Left Hand bend.	Low	No action required
Miles 7.95 	Right Hand Bend with junction on the left. Keep right. (Olrig House)	Right hand bend with Minor Road Junction	Low	No action required.

Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
Miles 8.63 	Minor Road junction - Turn Left. (Un-named Road)	Turn Left.	Low	Signage to warn traffic approaching the course. Marshalls to warn traffic approaching the course. Marshalls to wear HiVis.
Miles 9.16 	Give Way and turn Left at Crossroads. (Un-named Road)	Traffic on road that is being joined has the right of way.	Med	Cyclists to observe the Highway Coda. Signage to warn traffic approaching the course. Marshalls to warn traffic approaching the course. Marshalls to wear HiVis.
Miles 11.52 	Give Way and turn Right at the junction. (Un-named Road to Thurso)	Traffic on road that is being joined has the right of way.	Med	Cyclists to observe the Highway Coda. Signage to warn traffic approaching the course. Marshalls to warn traffic approaching the course. Marshalls to wear HiVis.
Miles 13.0 	Finish - at Telegraph Pole on right hand side of road. (Un-named Road)		Low	Time keeper Recorder Signage to warn traffic Marshalls to wear HiVis

**NOTES:**

1. The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken
2. The small junctions or entrances to farms/ facilities (garage, eatery, etc) that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.

Date of original Assessment: **23/08/2018**